

ADDITIONAL NOTES REGARDING THE COURSES

Provided by Kay Hightower, Researcher

1001275489: 569I 0106 91 Health Care Perspectives For Teachers

This course is one section of several summer courses offered by the University of San Diego at OnlineLearning.net. Nearly every section had a different instructor, and some sections used different textbooks. The other textbooks used were:

Fostering Emotional Well-Being in the Classroom, 2nd Edition; Randy and Tana Page; published by Jones and Bartlett

Health and Wellness, 6th Edition.; ISMN: 0763708992; Edlin, Golanty & Brown; published by Jones & Bartlett

The New School Health Handbook, 3rd Ed.-A Ready Reference for School Nurses and Educators; Jerry Newton, MD, Richard Adams, and Marilyn Marcontel; published by Prentice Hall

In trying to acquire syllabi for the courses, I attempted to find e-mail addresses for the instructors at USD's website. Each of the instructors is apparently adjunct and were not included in the faculty listing there. I contacted OnlineLearning.net and was told that they could not release the syllabi. Finally, I did web searches for the names of each of the instructors. Cindy Kuhrasch was the only one I could locate, and she was happy to get me the syllabus.

There appears to be a large demand in California for a Health Education course for teachers as part of the California Clear Credential. The Clear Credential requires a fifth year of coursework for teacher candidates at the end of their Bachelor's degree, or teachers may upgrade their teaching certificate by taking the courses as continuing education. They must have completed each of the following: Health Education (coursework) - drug and substance abuse plus nutrition and CPR; Special Education "Mainstreaming" (coursework); Computer Competence - for educators specifically (coursework); A fifth year of study beyond the bachelor's degree (minimum 30 semester units).

34-703-2 Nutrition Science and the Classroom

I found this course in a search for nutrition courses at Blackboard.com. It was listed as being offered by The John Stalker Institute at Framingham State College. However, I could find no information about it at either the Stalker Institute or FCC website. The assignments indicate that it was taught during the Spring of 2000. The Word document contains all of the documentation I found at Blackboard.com. The class website is open to guests and could be utilized by teachers to learn more on their own without actually enrolling in the course. It is one of the few that closely fit with what we were seeking.

434-340 Nutrition and Health: Early Childhood

Although not evident at first glance, this course does involve creation of a lesson plan to teach children some concept about food and nutrition.

ECE 14 Children's Nutrition, Health and Safety

This is another nutrition course I found at Blackboard.com. This is the Fall 2001 website for the course. It includes the syllabus, study notes for each chapter, and portfolio activities to accompany each chapter.

ECE 14 or FCS 14 Children's Nutrition, Health and Safety

This is the Fall 2000 website for the above course. It includes the syllabus (with variations from the previous one) along with a lesson plan assignment and a sample lesson plan.

ECE155 Child Nutrition

This is not necessarily a course on how to teach nutrition, but does provide a look at the nutritional needs of children.

ED 531 Health Education for Teachers

There are two syllabi for this course. One is the syllabus available on the Chapman University website, which is dated Spring 1996. The other was sent to me directly by the course instructor and is the syllabus currently being used.

ED502 Health Education Across the Curriculum

I was unable to obtain a syllabus for this course. However, I included it because it represents another of the health education courses which are cropping up in response to the requirements of the California Clear Credential.

FDNT 421 Community Nutrition I

This course may not be particularly applicable for teachers, but does address theories for nutrition education and development of plans to address the nutritional knowledge needs of target populations.

HDFN 524 Teaching Adolescent Nutrition

There is a detailed course description included. Ms. Stein is traveling and has not yet sent me her syllabus. However, I have been assured by Kelly Boyce at NTEN that Ms. Stein will send it, perhaps along with the syllabus for another course she teaches which may be useful. I will get it to you when I receive it.

HDFN 526 Nutrition for Fitness and Performance

This one is geared more to teachers with coaching responsibilities.

HE400 The Healthy Body

Although this course addresses all areas of health, it includes workable ways for K-3 teachers to integrate health themes across the curriculum.

HPRED 1491 Teaching Health and Wellness in the Elementary Schools

Again, this is not strictly a nutrition course, but does address curriculum planning for health themes. Dr. Ladewig was most gracious in sharing this with me. He taught this course at Pitt while doing post-doctoral work, but is now back at his home in Brazil. To be honest, I'm not even sure how he received my e-mail!

NEO 597A Nutrition Education Online

This should be an excellent resource as it is a nutrition education course created specifically for teachers. When I finally located the actual course site, I collected as much information as I could. The home page for the course shows several links to follow. However, the Testing 1,2,3, FAQ's, Dr. Jekyll's Lab, Great Debates, Team Discussions, and Virtual Café were all passworded and I was unable to obtain information from them.

Included in the notebook are two articles of interest related to the course. The first was written in 1996, the first year the course was taught (on an experimental basis). It discusses the overall experience, including things learned and things they planned to do differently in the future.

The second article was written in 2001 and is entitled "The Nutrition Online Experience: A Comparison of Internet Education for Traditional and Non-traditional Undergraduates and K-12 Teachers."

NSD 800 Contemporary Nutrition

Dr. Betts contacted me about this course. It is still under construction, but she sent me a minimal syllabus outline. She said that she thinks the course can be accessed as a guest at <http://blackboard.unl.edu>. I tried it, and it does not seem to be up and running yet. She indicated she would be willing for me to contact her for additional information if needed.

NUTRN 3662 Nutrition of Children

Dr. Sebert had the course information included here on her personal web page. I found another course from her at Blackboard.com which was a graduate level course and seemed to fit in with the research. However, it was not accessible to guests. It also was not listed as a University of Central Oklahoma course, and Dr. Sebert did not respond to my requests for more information about the course.